

Delete Day

Delete accounts you no longer use

Delete (block) gamers who use bad language or say mean things

Delete "Friends" and "Followers" who are unknown offline

Delete personal information such as full name, town/city name, phone number, address, school name

Delete memberships to online groups that may be disrespectful or inappropriate

Delete people who make me feel bad about myself

Delete inappropriate or embarrassing posts, pictures and videos

Delete accounts on anonymous sites or apps

Delete Day is an opportunity to clean up your online accounts to promote safety and respect. Please use this worksheet as a guide for online friends/followers, posts and accounts that need your attention.

I believe what I post online can impact my friendships and future. True/False

Online I see mostly positive/negative (circle one) content.

I have deleted comments, pictures, posts or videos that were inappropriate or embarrassing. True/False

While we may never be able to fully delete online posts, we should still do our best to clean up what is visible to others online. Review the statements below and indicate which issues apply to you. If they apply, what action will you take—delete, block or report—to resolve the issue?

Issue	Yes/No	Action
Someone has posted disrespectful comments, pictures or videos about me online.		
I have posted disrespectful comments, pictures or videos online.		
I have allowed someone I did not know offline to friend or follow me online.		
I joined a social networking site before I was old enough. (Most sites are rated for ages 13 and older.)		
I have an account on an anonymous site or app.		
I play video games online and have heard disrespectful and inappropriate language.		
I follow pages or am part of an online group that may be disrespectful or inappropriate.		
I have created a false profile online.		
I have seen others mistreated online.		
I have shared personal information online (full name, date of birth, address, picture of myself, phone number, school name, etc.).		

