

TECHNOLOGY AND INTERNET USAGE AGREEMENT

How to start an ongoing conversation with your child about their technology and internet use. Adapt your conversation to the needs, abilities and technology use of your child. Some points may not apply to you and your child. Use this as your agreement, or as a foundation for one you create

REVIEW AND DISCUSS THESE KEY POINTS...

- ✓ I AGREE to discuss appropriate online behavior with my child.
- ✓ I AGREE to set guidelines for technology use within my home.
- ✓ I AGREE to explain that the Internet is not anonymous.
- ✓ I AGREE to discuss the risks of sharing and posting information online.
- ✓ I AGREE to explain that whatever is posted online cannot be removed, as anyone can save posts to their device.
- ✓ I AGREE to review the ratings of the games and apps my child uses.
- ✓ I AGREE to be aware of any changes in the behavior of my child that may indicate cyberbullying, sexting or other behavior that may suggest involvement as a victim, bystander or perpetrator.
- ✓ I AGREE to review my child's account(s) for privacy settings and appropriate content.
- ✓ I AGREE to review my child's friend and/or follower list.
- ✓ I AGREE not to overreact when reviewing content that is posted by my child online or when my child tells me about inappropriate online behavior. I understand that my child is still impulsive and will make mistakes.
- ✓ We have discussed the content of this agreement and agree to do so on a regular basis.

Parent Signature

Child Signature