

# IDENTIFYING CYBERBULLYING

A child or teen can be bullied in a wide variety of contexts—through cell phones, chat rooms, e-mail, instant messages, or websites—the possibilities are endless.

## FORMS OF CYBERBULLYING...

- **Texting/DMing/Emailing:** Sending a mean or threatening message; including text or images. This may include forwarding a message without the original sender's permission.
- **Sending Pictures/Videos:** Sending, posting, or altering pictures/videos of others with the intention to harm, whether the images were taken with or without consent.
- **Social Networking Sites (i.e. Instagram, Facebook):** Posting mean or hurtful content about someone in a public forum.
- **Websites or Profiles:** Participating in a profile or website with the purpose of degrading, humiliating, harassing, or threatening another person.
- **Stealing Passwords:** Using another person's account or cell phone without authorization to send mean or threatening messages, or post inappropriate content.
- **Impersonation:** Using the Internet or cell phone to pretend to be someone else to send mean, inappropriate or threatening messages.
- **Sending Spyware and/or Hacking Programs:** Using technology to jeopardize or gain unauthorized access to someone else's computer.
- **Chat Rooms/Group Texts:** Sending a mean, embarrassing, inappropriate or threatening message to be viewed by everyone in a chat room or message thread.